

# BASFI WORKSHEET

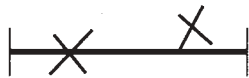
## Bath Ankylosing Spondylitis Functional Index (BASFI) 1 of 2

- Week 0     Week 2     Week 6     Week 12     Week 18  
 Week 24     Week 36     Week 54     Week 78     Week 102

For answering the question below, we have supplied you with a horizontal line. The end of the horizontal line represents the very best and the very worst situation. Put a single vertical line across the horizontal line at the spot that you feel best reflects your ability with each of the following activities during the PAST WEEK (at the ends or somewhere in between).

Note: An aid is a piece of equipment which helps you perform an action or movement.

No



Yes



1. Putting on your socks or tights without help or aids (eg, sock aid)



2. Bending forward from the waist to pick up a pen from the floor without an aid



3. Reaching up to a high shelf without help or aids (eg, helping hand)



4. Getting up out of an armless dining room chair without using your hands or any other help



5. Getting up off the floor without help from lying on your back



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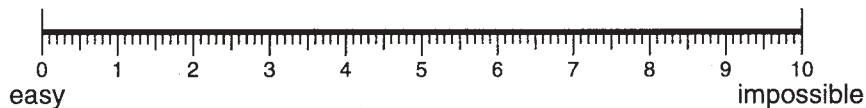
No



Yes



1. Putting on your socks or tights without help or aids (eg, sock aid)



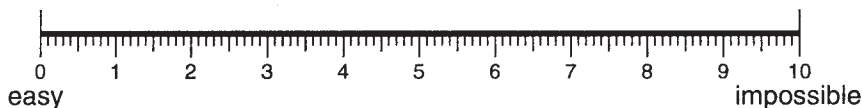
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Note: An aid is a piece of equipment which helps you perform an action or movement.

6. Standing unsupported for 10 minutes without discomfort



7. Climbing 12 - 15 steps without using a handrail or walking aid (one foot on each step)



8. Looking over your shoulder without turning your body



9. Doing physically demanding activities (eg, physiotherapy exercises, gardening, or sports)



10. Doing a full day's activities whether it be at home or at work.



Subject signature: \_\_\_\_\_ Date completed: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ (D-M-Y)

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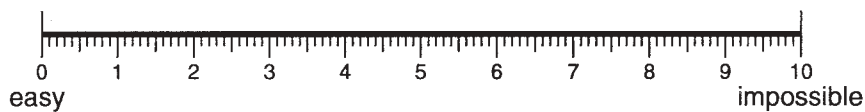
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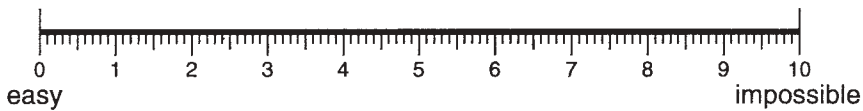
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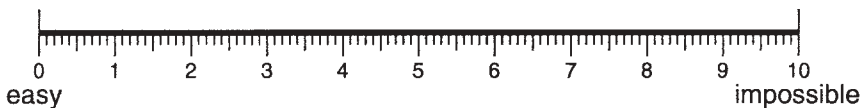
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## Bath Ankylosing Spondylitis Functional Index

Transcribe each measurement from the BASFI worksheet.

1. Putting on your socks or tights without help or aids (e.g. sock aid):	<input style="width: 50px;" type="text"/> (##.# cm)
2. Bending forward from the waist to pick up a pen from the floor without an aid:	<input style="width: 50px;" type="text"/> (##.# cm)
3. Reaching up to a high shelf without help or aids (e.g. helping hand):	<input style="width: 50px;" type="text"/> (##.# cm)
4. Getting up out of an armless dining room chair without using your hands or any other help:	<input style="width: 50px;" type="text"/> (##.# cm)
5. Getting up off the floor without help from lying on your back:	<input style="width: 50px;" type="text"/> (##.# cm)
6. Standing unsupported for 10 minutes without discomfort:	<input style="width: 50px;" type="text"/> (##.# cm)
7. Climbing 12-15 steps without using a handrail or walking aid. <b>One foot on each step:</b>	<input style="width: 50px;" type="text"/> (##.# cm)
8. Looking over your shoulder without turning your body:	<input style="width: 50px;" type="text"/> (##.# cm)
9. Doing physically demanding activities (e.g. physiotherapy exercises, gardening or sports):	<input style="width: 50px;" type="text"/> (##.# cm)
10. Doing a full days activities whether it be at home or at work:	<input style="width: 50px;" type="text"/> (##.# cm)

Form Template Name:	Form Template Version:	Form Study Version:
BASFI_1	1.00 13-Jun-2002	1.00 13-Jun-2002