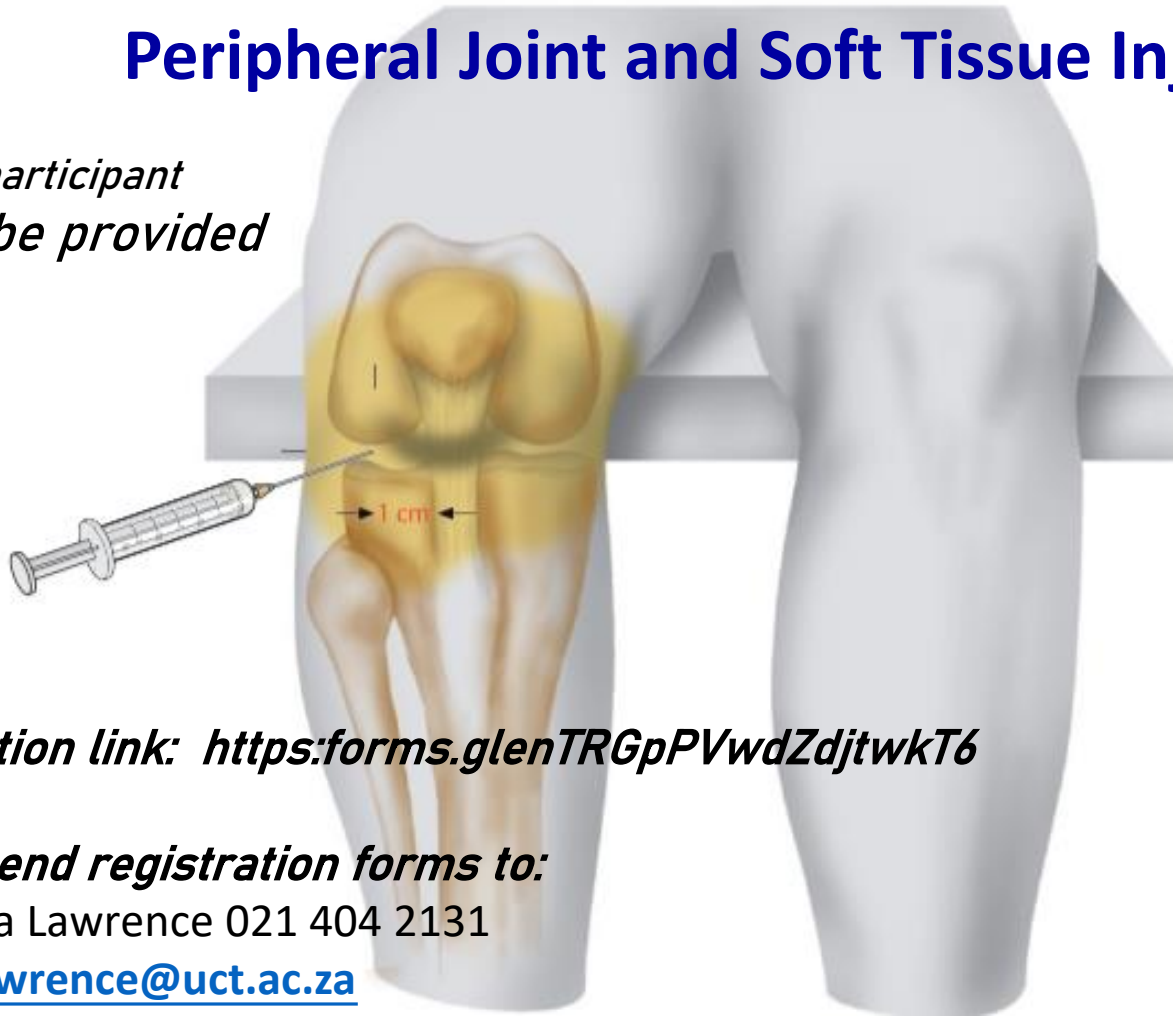


SAVE THE DATE  
*Wednesday 16 October 8.30-11*  
*OR*  
*Saturday 19 October 9-11.30*

## WORKSHOP

# Peripheral Joint and Soft Tissue Injection Techniques

*R400 per participant*  
*Tea will be provided*



### VENUE :

**Rheumatology offices, J floor, Old Main Building, Groote Schuur Hospital**

Workshop will cover:

- Overview of Intraarticular injections including indications and contraindications.
- Practical skills to aspirate and inject corticosteroids in common joints: Knee, shoulder, wrist and Carpel Tunnel.
- Clinical models will be available
- Handout summarizing landmarks for injections will be provided

**Registration link: <https://forms.glenTRGpPVwdZdjtWkT6>**

**Please send registration forms to:**

Ms Amelia Lawrence 021 404 2131

[amelia.lawrence@uct.ac.za](mailto:amelia.lawrence@uct.ac.za)